

For the people of: Northlands Avenue, High Point

For prayer: Doreen F, and Julian

From the Prayer Board: Pray for Footsteps International and the work of helping disadvantaged children in Kenya; and for all who have asked for prayer for themselves and their families

In memoriam: Edna Slight and Lucy Neatherway

To keep our prayers up to date please let Janet or Martin know about people to list and keep listed in Prayers for the Community.

SAFEGUARDING ISSUES

'Let love be genuine. Abhor what is evil; hold fast to what is good ... Repay no one evil for evil, but give thought to do what is honourable in the sight of all ... It is written, "Vengeance is mine, I will repay, says the Lord." ... Do not be overcome by evil, but overcome evil with good.'

- Romans 12 12:9, 17, 19,21 (ESV)

O God, You are righteous, merciful and just and have promised that: 'everything that is hidden will eventually be brought into the open, and every secret will be brought to light.*' In the present time please reveal the identity and deeds of people who are guilty of harming defenceless children and others, to bring them to justice. For Christ's sake. Amen. (*Mark 4:22)

Loving Father, we pray for individuals who have suffered neglect, abuse, exploitation, physical, mental and emotional injury at the hands of others, especially in their childhood. Please give them comfort and hope to recover from the effects of their ordeal, and strength as they go through investigations and life-changing decisions are made that affect their future. In Your mercy. Amen

Lord Jesus, thank You for the serious efforts now to establish robust, legally binding safeguarding measures to pre-empt and identify any intentions to distress and harm children and others. We pray for those who oversee training, checking and following through any concerns. In Your mercy. Amen.

Gracious Father, social workers, teachers and other professionals dealing with children face so much pressure in their important and demanding work. We intercede that more effective procedures and sufficient resources be put in place to identify and protect vulnerable children across the country. In Christ's name.

www.care.org.uk



Ascension Weekly

Sunday 5th July 2026

The Fifth Sunday after Trinity

8.30 a.m. Said Communion Service

10.00 a.m. Family Worship

Readings: Romans 7.15-25a & Matthew 11.16-19,25-30

"Take my yoke upon you for my burden is light."

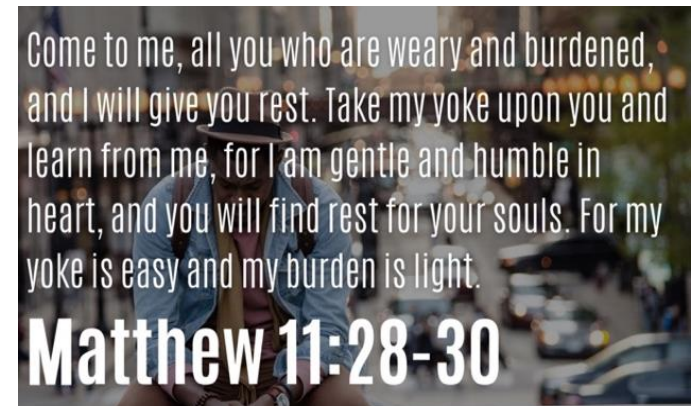
I suspect many people are familiar with hearing a Bible verse that quotes Jesus as saying, "Take my yoke upon you, for my yoke is easy and my burden is light". That may sound right, but it is not the whole of what Jesus said. In Matthew 11.29 to 30 we hear his full invitation: "Take my

yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

It is easy to overlook the words, "learn from me, for I am gentle and humble in heart, and you will find rest for your souls". Yet this is the heart of the promise. The rest Jesus offers is not found simply in coming to him, but in learning from him, in taking on his way of life shaped by gentleness and humility.

Our souls can be understood as the whole of our inner life: our minds, where we think and reason; our emotions, where we feel and are moved; and our wills, where we choose and act.

(Continued inside)



This Week

Sunday 5th July

8.30am Said Communion

10.00am Family Worship

Tuesday 7th July

9.30 -10.00am Food Larder

Wednesday 8th July

1.30pm Tiddlers

3.30pm Home Group

Thursday 9th July

8.30am Morning Prayers

11.15am Open Space Coffee following
Up and Amble.

12noon – 12.30pm Food Larder

7.30pm Home Group

Saturday 11th July

9am Community Coffee

Sunday 12th July

10.00am Communion Service

Please see the website for more
information:

www.ascensionchurch.co.uk

Birthdays This Week

No birthdays are recorded. If we've
missed your birthday, please let Janet
know and we'll update the birthday list.

In the Western mind,
we work five days to earn the
right to rest and play on the weekend.
But God tells believers to start the
week with rest before we work.
*In Scripture, rest is a gift,
not a reward.*

DAN DORIANI

UK Harvest

Friday 10th July 10.00am to
11.30am in the Ascension Church



**Congratulations
to Nicci and Zac
who were
confirmed on
Monday**

CONTACT US

www.ascensionchurch.co.uk email: enquiries@ascensionchurch.co.uk

Vicar: Martin Jones revdmartin@ascensionchurch.co.uk 01444 415229

Churchwardens: Jill Costello 07736285995 Jerry Whitehead 07540599309

ALM: Jill Costello



(Continued from the front page)

Jesus is offering something far deeper than physical rest. He offers rest for our whole inner being, for our thoughts, our feelings, and our decisions. This rest comes as we learn from him and allow his gentle and humble heart to shape our own. As we do, we begin to carry life differently, not driven by pressure or pride, but sustained by his grace, and we discover that his promise is true **Martin**

Access Ramp Appeal

Ascension's current main entrance has a small, raised threshold that makes access difficult, and sometimes even impossible, for people with prams, or using wheelchairs, or mobility scooters

As part of our Christian calling to welcome the stranger and make a clear way for people to meet with God, we want everyone to be able to worship, pray, and use the building without unnecessary barriers. Installing a simple, permanent ramp at the main door is a small but significant act of hospitality for families with young children, wheelchair and mobility scooter users, and anyone who finds thresholds a struggle.

The PCC has approved plans and secured church permissions for a permanent access ramp, and we are launching an appeal to raise £1,600 to fund its installation. This modest project will make a real and lasting difference to how accessible and welcoming our building is, and every gift, large or small, will help us remove this practical barrier. If you can contribute, please consider a one-off gift to the 'Access Ramp Appeal' at Ascension Church; with everyone's help, we are confident we can reach £1,600 quickly so that the way into church is as open as the welcome we seek to offer in Jesus' name.

This appeal is the first and most urgent part of wider planned works. The paved path down the side of the church to Vale Road often floods and needs levelling, and plans are being made to renew the path and add drainage. Any excess funds from the 'Access Ramp Appeal' will go towards these path works, with more details and a further appeal to follow.

For details about how to make a donation please see the notice at the back of the church by the card machine.