

For the people of: Hoblands, Ashdown Close

For prayer: Sally, Julian

From the Prayer Board: Footsteps International, Naomi, Danny and all who have asked for prayer for themselves or their families

In memoriam: Edith Rosevear, Reg Wyatt

To keep our prayers up to date please let Janet or Martin know about people to list and keep listed in Prayers for the Community.

ONLINE PROTECTIONS

'Take no part in the unfruitful works of darkness, but instead expose them... Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.'

EPHESIANS 5:11,15,16 (ESV)

God of mercy, amidst the darkness and suffering caused by cyberattacks, pornography, misinformation, exploitation of children and other ills, we intercede that those exploiting the internet for evil purposes would be exposed. Grant wisdom, insight and strength to people seeking to fight this deeply disturbing problem. In Jesus' name. Amen.

O God, we remember those who are vulnerable to online fraud and pray for more people to realise when they are being targeted. Please help the police stop criminals from stealing personal data and money and make many arrests. For Christ's sake. Amen.

Father, please rescue young people who have been groomed, victims of 'sextortion' (blackmail over explicit personal images they have been tricked into sharing), and others drawn into harmful activities and affected by online crime. In Your mercy. Amen.

Holy Spirit, thank You so much for the amazing technology of the internet, this tool of global communication and connection that has been harnessed in so many ways for good, especially by sharing the gospel to millions of people. To God be the glory! Amen.

NATIONAL WEEK OF PRAYER 10–18 OCTOBER (nationalweekofprayer.uk)

Please pray for this event, which brings together followers of Jesus from every denomination, from large congregations to house churches, businesses, schools and homes, to humble ourselves before God, pray for our nation, and believe for spiritual awakening. Amen.

www.care.org.uk



Ascension Weekly

Sunday 10th October 2026 **The 18th Sunday after Trinity**

8.30am Said Communion

10.00 a.m. Family Worship

Readings: Philippians 3.4b-14, Matthew 21.33-46, John 6.25-40

Jesus is the Bread of Life

In John Chapter 6, Jesus talks to the crowds as they question Him and are challenged by His answers.

Jesus had just miraculously fed more than 5000 people and then took the disciples to the other side of the lake to be alone for a while. When the crowds realised Jesus had gone, they followed Him. When they found Him, Jesus told them they were looking for Him because they'd been fed their fill and wanted more. Seeing the effort they spent finding Him, Jesus told them not to work for food that spoils but for the food that endures for eternal life. The crowd asked what work God requires, and Jesus answered, "This is the work of God: that you believe in Him whom He has sent."

Still not satisfied, the people asked Jesus for a miraculous sign to show He's the one God sent. Feeding 5000 people once was not enough for them, and they pointed to their ancestors who had been fed manna in the desert every day for forty years. Jesus replied, "I am the bread of life. Whoever comes to



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This Week

Sunday 4th October

8.30am Said Communion

10.00am Family Worship

Monday 5th October

7.30pm Home Group

Tuesday 6th October

9.30 -10.00am Food Larder

7.30pm Home Group

Wednesday 7th October

1.30pm Tiddlers

3.30pm Home Group in church

Thursday 8th October

8.30am Morning Prayers

11.00am Open Space after

Up & Amble

12noon – 12.30pm Food Larder

7.30pm Home Group

Saturday 10th October

9.00am Community Coffee

Sunday 11th October

10am Harvest Communion Service

Please see the website for more
information

www.ascensionchurch.co.uk



**JESUS SAID
"I AM THE
BREAD OF LIFE"**

For the Diary

11th October.

Harvest Sunday

8th November.

Remembrance Sunday

15th November.

Safeguarding Sunday

29th November.

Advent Sunday

13th December.

Community Carols

No birthdays are recorded for
this week

Gift Day

Gift Day (which was held last Sunday) is an opportunity to reflect on how we support the life and work of our church. Anyone who wishes may make a one-off gift, and regular givers may wish to review or change their giving.

Every contribution helps us worship, care for one another and serve our wider community. We are grateful for gifts of every size, as well as for the time, care and skills people share.

Giving is entirely voluntary. Everyone is equally welcome and valued, whether or not they are able to give financially. To take part in Gift Day, or to find out more, or to find out how to give, please read the Gift Day letter which can be found [by clicking here](#). Printed copies are also available at the back of church.

Thank you for all the donations already made.

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me will never be hungry, and whoever believes in me will never be thirsty." The people struggled to see beyond the bread and fish Jesus provided. Talking about eating Jesus's flesh and blood was so repulsive to them that they could not see the deeper meaning He was pointing them to. Instead, many dismissed Jesus by saying they knew His parents.

Rejecting Jesus showed they were motivated by physical needs and could only see the here and now. In contrast, Jesus had an eternal perspective, expressed when He said, 'This is indeed the will of my Father, that all who see the Son and believe in Him may have eternal life; and I will raise them on the last day.'

Once again, Jesus emphasised the importance of believing in Him and living in a way that honours God. He pointed all his disciples, then and now, to that eternal hope in Him.

Rather than focusing on temporary satisfactions, let's lift our thoughts from the problems of here and now and trust Jesus Christ, the true Bread of Life, the One we all need for eternal life.

Martin

CONTACT US

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